



## FEBRUARY 2018 NEWSLETTER

### UPCOMING TOURNAMENTS



### YUSHEN LAI INVITATIONAL TAEKWONDO CHAMPIONSHIP

Saturday February 24<sup>th</sup> At Cal State Dominguez.

Register online at <http://laitkd.com/yli/>

See Master Ricord for more information

### 1<sup>st</sup> QUARTER TESTING

We will be conducting testing on **March 20<sup>th</sup>, 21<sup>st</sup> & 22<sup>nd</sup>**. Start preparing now by studying your Curriculum.

Applications will be available at our website soon.

## **MOVIE NIGHT**

**Saturday February 18<sup>th</sup>**

**7:00pm to 9:45pm**

Pizza will be served.

Camaraderie and fun for them,  
peace and quiet for you.

Applications will be available  
online as well as at the Dojang.

## **FESTIVAL OF FRIENDSHIP**

Please join us at The Los  
Cerritos Mall this **Saturday  
February 3<sup>rd</sup>** to support our  
Demo Team as they perform  
in the Festival . We will be  
performing on the Forever 21  
stage at **3:50pm** so please  
don't miss it.

## **DEMO TEAM TRYOUTS**

Would you like to be a part of our OMS demo team?

Tryouts will be held on **February 22<sup>nd</sup> at 7:00pm** at the dojang.

For more information, see Master Ricord or Nadia Sabumnim.

## **SIGN UP INCENTIVE**

We are extending our special offer into the New Year!

Any sibling or relative to join OMS will be given **3<sup>rd</sup> person price** and no  
initiation fee.

## **SAFETY EQUIPMENT & POOMSAE BOOK**

All students are encouraged to have a complete set of safety equipment  
and should bring it to the dojang every time they attend sparring classes  
(see schedule). Also, they must have a Poomsae Book, which is available  
for purchase in the office.

This will aid them in their practice at home.

**NEW!**  
**FRIDAY AND SATURDAY COMPETITION**  
**SPARRING CLASS**

**FRIDAY 7:00pm - 8:30pm**  
**SATURDAY 11:00am -12:30pm**

Get ready to win! Or at least take your game to the next level!

**We welcome Jamil Delawar Sabumnim to our coaching staff!**

If you are interested please contact Master Ricord and Eric Sabumnim for eligibility at [omscerritos@gmail.com](mailto:omscerritos@gmail.com) or (714) 616-1740.

**PLEASE NOTE**  
**SUNDAY SPORT POOMSAE CLASS**

Has been **temporarily postponed** due to Chi Sabumnim's schedule. Please stay tuned for a restart date.

**NOTEBOOKS**

Students **ORANGE BELT & UP MUST** should bring a 3-ring binder in which to keep a record of technical and philosophical information. Check the board regularly.

**OFFICE HOURS**

Regular office hours are **Tuesday- Friday** from  
**5:00pm - 7:00pm.**

Please take advantage of these times when Mrs. Skube is in the office.

**NEW!** You can NOW pay your tuition by Phone.  
Please refer to office hours for Mrs. Skube's availability.